

ISTDP TREATMENT OF ATTENTION DEFICIT DISORDER (IN A MAN WITH EARLY TRAUMATIC LOSS)

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GOALS

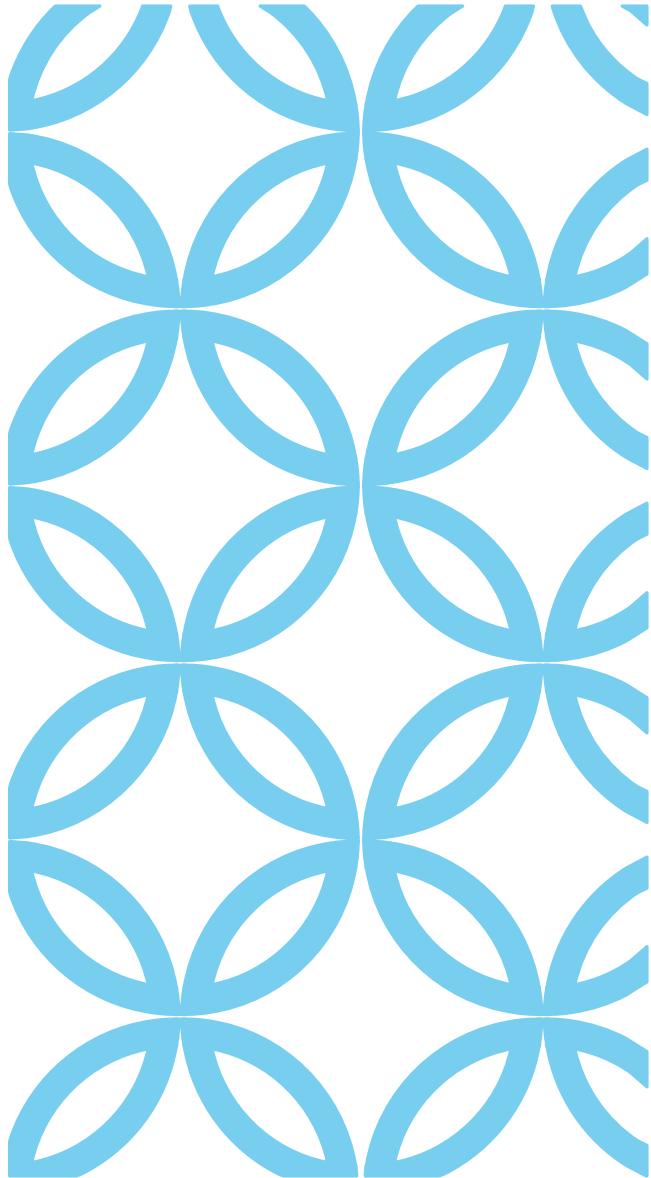
- Review of symptoms of ADHD and Autism in DSM and ISTDP nomenclatures
- Initial discussion of how ISTDP treatment may help with these diagnoses
- Video of treatment
- Discussion about diagnostic system in ISTDP

OVERLAP OF DSM-5 AND ISTDP CHARACTERISTICS

- Inattentive
 - Distractible
 - Impulsive
 - Appears not to hear you at times
 - Seems to prefer playing alone
 - Has poor eye contact and lacks facial expression
 - Doesn't speak or has delayed speech
 - Doesn't express emotions or feelings
 - Has difficulty recognizing nonverbal cues
- High levels of anxiety leading to CPD: freezing, mind going blank, forgetting one's words (inattention)
 - When combined with repressed affect, high anxiety can lead to explosive outbursts (hyperactivity/impulsivity).
 - Defenses of withdrawal, detachment, shutting down, gaze avoidance
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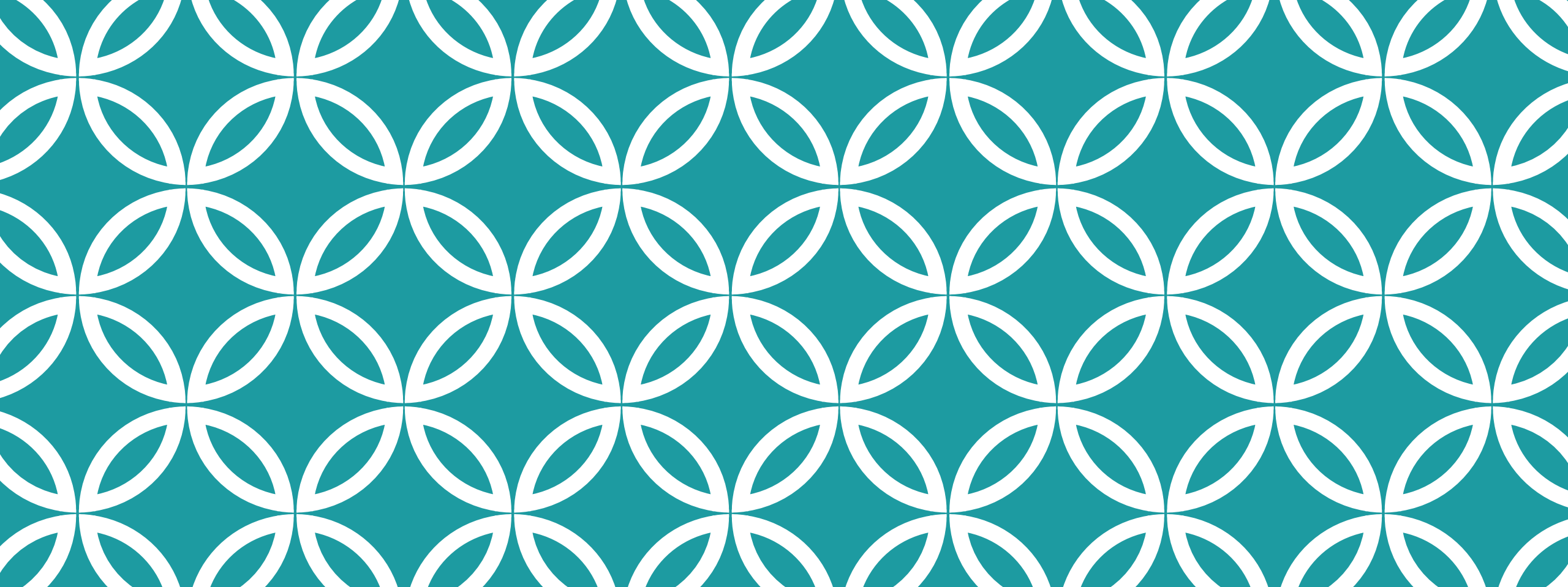
SPECTRUM OF PSYCHOPATHOLOGY

Left	Mid Spectrum	Right
<u>Neurotic</u>	<u>Character Disorder</u>	<u>Fragile</u>
Single focus	Multi-focal	Debilitating symptoms
Anxiety in striated	Multiple channels of A	Anxiety in CP System
High motivation	Ambivalent	Non-functional
Low D and R	Mod to High R	No organized D
Defenses dystonic	Ds syntonic	Regressive Ds
1-10 sessions	10-40 sessions	Up to 100 sessions
Standard technique	Re-structuring	Graded approach
Anger and grief	Murderous Rage and Guilt	Torturous, sadistic rage and massive pain and guilt



- Are the diagnoses in ISTDP metapsychology- categorical or on a continuum? Does this patient fit into one of the categories?
- Are diagnoses predictive for the type of anxiety and length of treatment? Or is it more fluid than this?
- When the young ego is overwhelmed by affect and doesn't develop in certain areas, can this explain lacunae in ego functioning that would lead to CPD anxiety under pressure in a non fragile patient? In this case, is it ok to continue pressure and push through rather than regulating?

QUESTIONS FOR DISCUSSION



VIDEO |