

2019 International Conference of the **International Experiential Dynamic Therapy Association (IEDTA)**

New Frontiers in Experiential Dynamic Therapy



Thursday-Saturday, September 26-28, 2019

Hyatt Regency, Boston, Massachusetts

Experiential Dynamic Therapy (EDT) refers to a group of psychodynamic psychotherapies that focus on the healing power of deep affective experience in the context of the therapist-patient dyad and other attachment relationships. Built on groundbreaking work of Habib Davanloo and others, EDT is now one of the best-researched forms of short-term therapy, with demonstrated efficacy in treating depressive disorders, anxiety disorders, personality disorders, and somatoform disorders. EDTs include Davanloo's Intensive Short-Term Dynamic Psychotherapy (ISTDP), Leigh McCullough's Affect Phobia Therapy (APT), Diana Fosha's Accelerated Experiential Dynamic Psychotherapy (AEDP), and others. After previous highly successful conferences in Milan, Washington DC, Los Angeles, Aarhus (Denmark), Vancouver, Oxford (UK), and Amsterdam, the IEDTA's 2019 International Conference will take place in Boston's historic Theater District.

Video recording of psychotherapy sessions is integral to EDT teaching, supervision, and research. As such, all clinical presentations at the conference will be accompanied by video of actual therapy sessions. Conference-goers have an unparalleled opportunity to sample a wide variety of stylistic variations in the practice of EDT. Because the conference includes patient video, it is open only to licensed professionals and students in full-time training to become licensed professionals.

Since the beginning, EDT practitioners have worked to apply its core tenets to new problems and in new settings. This conference celebrates this work on "new frontiers" with sessions on the following topics in relation to EDT:

- Addictions
- Attachment
- Countertransference & Therapist Affect
- Couple, Family, Child, & Adolescent Therapy
- Deliberate Practice
- Highly Resistant Complex Cases
- Inpatient and Group Treatment
- Live Demonstrations
- Medically Unexplained Symptoms
- Research
- Serious, Persistent Mental Illness
- Technology

Registration Options	Full Conference	Per Day Rate
Early Registration through July 31, 2019	\$450	\$180
Registration after July 31, 2019	\$500	\$200
Full-time Graduate Students, Fellows, Interns, Retirees, Unemployed	\$250	\$100

Co-sponsors:



International Experiential Dynamic Therapy Association
www.iedta.net



William James College
www.williamjames.edu



Washington School of Psychiatry
www.wspdc.org

Edward Tronick, *Keynote Speaker*

Other confirmed presenters include most of the leading figures in EDT:

- Allan Abbass • Michael Alpert • Leone Baruh • Kees Cornelissen Patricia Coughlin • Jon Frederickson • Susan Hajkowski Roger Sandvik Hansen • Robert Johansson • Nat Kuhn Jeffrey Magnavita • Robert Neborsky • Kristin Osborn • Tony Rousmaniere • Albert Sheldon Joel Town • José Verpoort • Beatrice Winstanley**

6 CE/CME Credits per day for up to a total of 18 CE/CME Credits for the following professionals: Physicians, Psychologists, Social Workers, Mental Health Counselors, Marriage and Family Therapists, School Psychologists, and Nurses

Register at www.williamjames.edu/ce-calendar or iedta.net/register-2019

Registrants will have an option to donate to a fund to help people who need financial assistance to attend.

A limited number of hotel rooms are available at a special conference rate for the Hyatt Regency Boston, One Avenue de Lafayette, Boston, MA, USA. Here's the hotel reservation link: iedta.net/hotel-2019